

Why did Jesus fast?

Fasting (or isolation or stillness) helps focused contemplation of ourselves and our relationship with God and enables us to hear Him

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Jesus' Temptations:

1. His purpose

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Jesus' Temptations:

2. Testing his Father

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Jesus' Temptations:

3. His Lordship

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Jesus' Temptations:

1. His purpose

Our Temptations:

1. Our purpose

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Jesus' Temptations:

2. Testing his Father

Our Temptations:

2. Testing our Father

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Jesus' Temptations:

3. His Lordship

Our Temptations:

3. Who is Lord?

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Colossians 1:15-23

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Colossians 1:15-23

¹⁵ Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation, ¹⁶for through him God created everything in the heavenly realms and on earth. He made the things we can see and the things we can't see - such as thrones, kingdoms, rulers, and authorities in the unseen world.

Everything was created through him AND FOR HIM.

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¹⁷ He existed before anything else, and he holds all creation together.

¹⁸ Christ is also the head of the church, which is his body.

He is the beginning, supreme over all who rise from the dead.

So, he is first in everything.

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¹⁹ For God in all his fullness was pleased to live in Christ, ²⁰and through him God reconciled everything to himself. He made peace with everything in heaven and on earth by means of Christ's blood on the cross.

²¹ This includes you who were once far away from God.

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You were his enemies, separated from him by your evil thoughts and actions. ²² Yet now he has reconciled you to himself through the death of Christ in his physical body. As a result, he has brought you into his own presence, and you are holy and blameless as you stand before him without a single fault. ²³ But you must continue to believe this truth and stand firmly in it.

Don't drift away from the assurance you received when you heard the Good News.

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